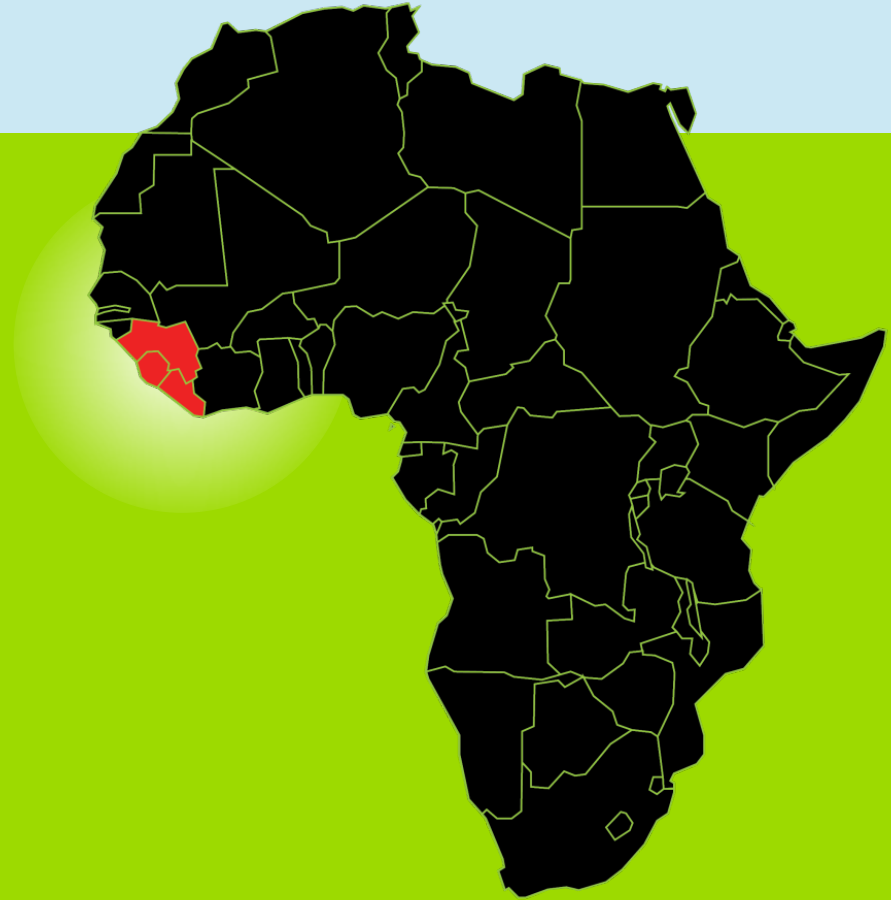




Answers to Your Questions about



EBOLA





What is

EBOLA?

- Ebola is a virus that lives in bats and some other animals who live in Africa.



What is

EBOLA?



- People can get Ebola in West Africa by preparing these sick animals for food.





What is

EBOLA?

- People can spread the virus to other people when they are very sick. **This is the main way that people are now getting Ebola in West Africa.**

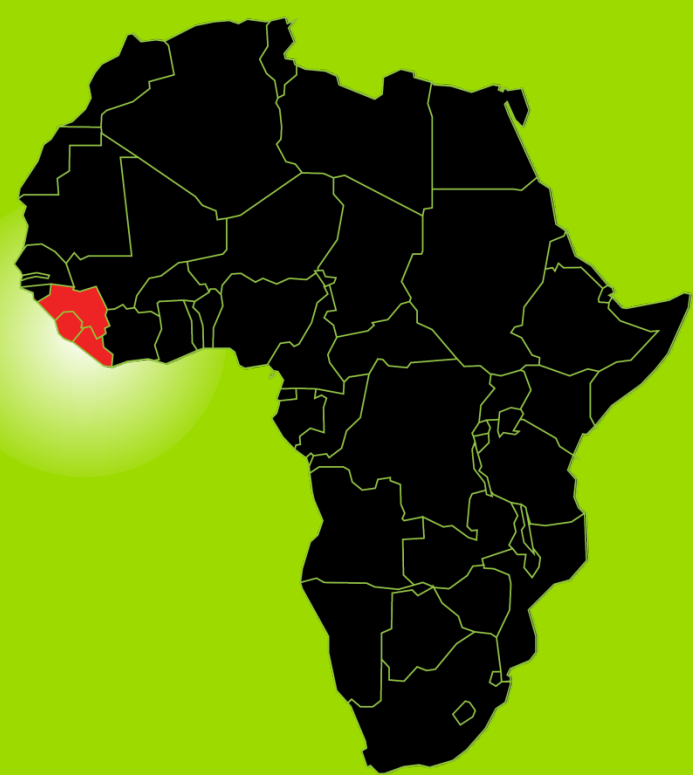




What have you heard about

the Ebola outbreak?

- The Ebola outbreak is happening in countries in **West Africa**.





What have you heard about

the Ebola outbreak?

- The three most affected countries are
 - Guinea
 - Liberia
 - Sierra Leone





What have you heard about

the Ebola outbreak?

- People living in West Africa have gotten sick and some have died.





What have you heard about

the Ebola outbreak?

FAST FACT:

An outbreak is when more people get sick with a disease than scientists and doctors expect.



What is



Africa?

- Africa is one of the seven continents.
- There are 54 countries in Africa.



What is



Africa?

- Africa is about **8,000 miles** from the **United States**.



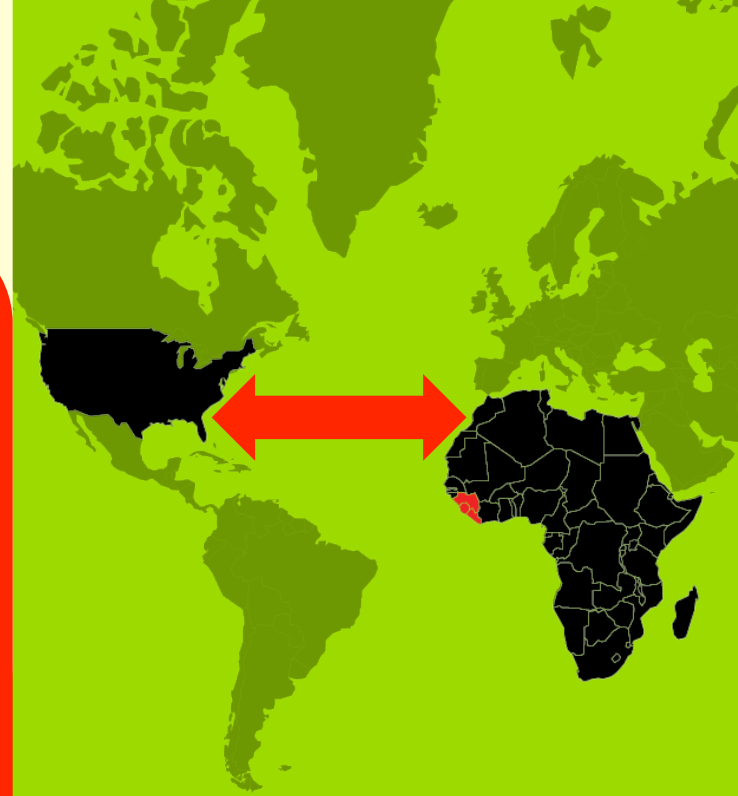
What is



Africa?

FAST FACT:

8,000 miles equals
47 million feet
or about **150,000**
football fields





How do people get

EBOLA?

People get Ebola by touching

- Body fluids from a person who is sick with or has died from Ebola. **Examples of body fluids include blood, vomit, pee, poop, sweat, or spit.**





How do people get

EBOLA?

People get Ebola by touching

- Objects with germs from the virus on them like needles that can cut someone.





How do people get

EBOLA?

People get Ebola by touching

- Infected animals (blood or meat).





How do people get

EBOLA?

FAST FACT:

People cannot give Ebola to someone else until they have symptoms.





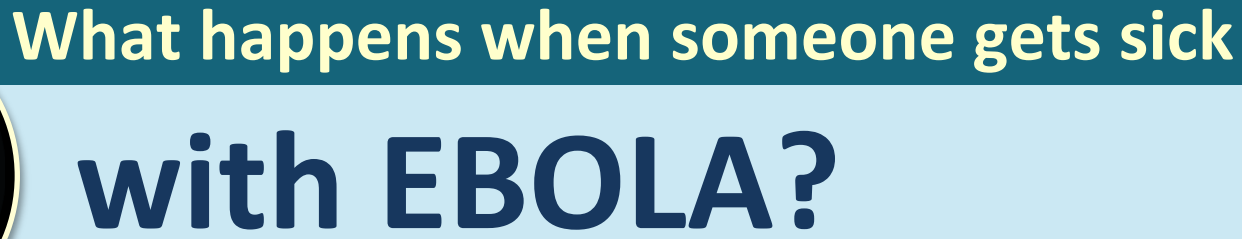
How do people get

EBOLA?

FAST FACT:

Even people infected with Ebola in the early stages are **very unlikely** to give Ebola to other people.





A stylized icon of a calendar or planner. The icon is square-shaped with rounded corners. It has a dark grey/black background. At the top, there are five white circles representing binder holes. The main body is a white rectangle containing a grid of squares. The grid is 5 rows by 6 columns. The squares are colored: black, grey, and red. The top row has one black square in the first column and five grey squares. The second row has one grey square in the first column, three red squares in the next three columns, and two grey squares. The third row has five grey squares. The fourth row has two grey squares, three black squares, and one grey square. The fifth row has four black squares. The entire icon is framed by a thick light green border.



What happens when someone gets sick with EBOLA?

Symptoms include

- Fever
- Headache
- Tiredness
- Weakness
- Diarrhea





What happens when someone gets sick with EBOLA?

Symptoms include

- Vomiting
- Stomach pain
- Muscle pain
- Unexplained bleeding or bruising





Do people get better after getting

EBOLA?

- **Only 3 in 10** of the people who have gotten Ebola during this outbreak have gotten better.
- The sooner someone gets treatment, **the more likely they are to get better.**

Only 3 in 10





Do people get better after getting

EBOLA?

- Once a person has recovered from Ebola, they **cannot** spread Ebola to anyone else.

Only 3 in 10

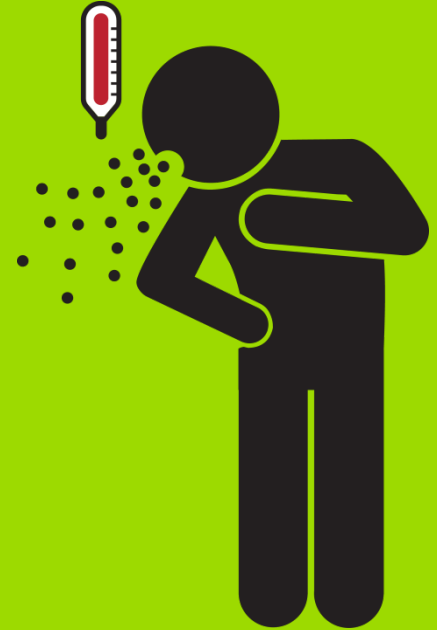




Should you be worried about getting

EBOLA?

- The outbreak is in West Africa, which is very far away.
- Remember, you can only get Ebola **if you had contact with someone who is sick with Ebola.**





Should you be worried about getting

EBOLA?

- We have had a few cases of Ebola in the United States, **but an outbreak is very unlikely.**
- If you are worried about Ebola, talk to your parents or a school counselor.



Should you be worried about getting

EBOLA?



FAST FACT:

There are 316 million people in the United States, but we've **only had 4 cases of Ebola.**





How do you keep yourself Well?

An Ebola outbreak is unlikely in the United States. **You are much more likely to get the flu or a cold.** Protect yourself from colds and flu by keeping yourself healthy.





How do you keep yourself

Well?

- Wash your hands often with soap and water or hand sanitizer.
- Avoid close contact with people who are sick.





How do you keep yourself Well?

- Avoid touching your eyes, nose, and mouth. Germs spread this way.
- **Get your flu shot.**





How are we helping the people in in Africa?

CDC is

- Working with the countries in West Africa to **stop the outbreak.**





How are we helping the people in in Africa?

CDC is

- Talking to and helping travelers who have come back from West Africa.





How are we helping the people in in Africa?

CDC is

- Teaching doctors and nurses how to care for people with Ebola.
- Training people in West Africa to care for people with Ebola.



cdc.gov/ebola



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention